

General Information

UTILITIES

(ELECTRIC) Central Virginia Electric Coop	(800) 367-2832
(PROPANE GAS) Tiger Fuel Co.	(434) 263-4059
(PHONE) Century Link	1 (888) 723-8010

TRAVEL

Ashram Transportation	x 133
AAA Service	1 (800) AAA-HELP
Glenmore Garage	(434) 969-4858
Towing Service in Dillwyn – Anderson Tires	(434) 983-2717
Road Conditions	(800) 367-7623
DMV Charlottesville	(804) 497-7100
Airport – Charlottesville	(434) 973-8341
Charlottesville Airport Administration	(434) 973-8342
Airport – Richmond International	(804) 226-3000
Airline – Delta	(800) 221-1212
Airline – Jet Blue	(800) 538-2583
Airline – United	(800) 241-6522
Bus – Greyhound, Charlottesville	(434) 295-5131
Bus – Jaunt (Bus Service)	(434) 296-6174
Bus – Starlight Express	(434) 295-0782
Train – Amtrak Reservations	(800) 872-7245
Train – Charlottesville Station	(434) 296-4559

OTHER

Library: Jef–Mad Regional, Main Branch	(434) 979-7151
Library: Scottsville Branch	(434) 286-3541
Library: Dillwyn Branch	(434) 983-3848
Post Office: Buckingham M–F 8–12 & 12:30–4:30, Sat. 8–10:30	(434) 969-4227
Post Office: Dillwyn M–F 8–4:30; Sat. 8–11	(434) 983-8905
Post Office: Wingina M–F 8–12; Sat. 7:45–9:15	(434) 263-8346
FedEx	(800) 238-5355
UPS	(800) 742-5877
Sheriff: Non-Emergency	(434) 969-1772
Dog Warden	(434) 969-4242

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Marketing Manager – billg@yogaville.org	x 121
Office of Spiritual Development	x 112
Personal Retreats	x 114
Phone Booth in Vivekananda Vihar	(434) 969-9002
Phone Booth at Lotus Guest House	(434) 969-5607
Prison Project – prisonproject@yogaville.org	x 142
Program Development programs@yogaville.org	Director: x 116 Assistant: x 106
Press & Media – media@integralyoga.org	
Programs Coordinator – workshops@yogaville.org	x 143 & x 138
Publications Dept. – iypublications@yogaville.org	Snehan x 102
Resident Services – residentservices@yogaville.org	Kumari x 176 James x 178
Scheduling	x 104
Seva Kutir	(434) 969-3330
Shakticom – shop@shakticom.org for orders call: 1-800-476-1347	x 127 (434) 969-1347
Shri Nivas	(434) 969-1082
Sri Gurudev Inspiration Line (WOW-GURU)	(434) 969-4878
Transportation	x 133
Treasury Hours: M–F 2:30-4:30 ET	
VP Finance – Snehan De Sachy – snehan@yogaville.org	x 102
Ashram Credit Cards & Petty Cash – Priya Abbate priya@yogaville.org	x 148
Accounts Payable, Deposits – Jnanam MacIsaac accountspayable@yogaville.org	x 119
YES – Environmental Solutions – jeeva@yogaville.org YES@yogaville.org	x 172
Webmaster – webmaster@yogaville.org	x 127

Integral Yoga Natural Foods

Preston Plaza, 923H Preston Ave, Charlottesville, VA 22903 www.iyfoods.com	(434) 293-4111 fax: (434) 295-9051 yoga@cstone.net
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Ashram Archives – archives@yogaville.org	x 136
Ashram Reservation Center (ARC) – arc@yogaville.org	x 111
Hours: M–F 9am–5pm ET, Sat. 9am–12:30pm ET	(434) 969-3318
Reservations inside USA	(800) 858-9642
Reservations outside USA (+1)	(434) 969-2048
fax	(434) 969-1303
Bookstore – Sivananda Hall – yogaweb108@gmail.com	x 157
Yogaville Federal Credit Union – yfcu@yogaville.org	(434) 969-1225
Hours: M–F 9am–12pm EST; F 3pm–5pm EST	
Day Manager – daymanager@yogaville.org	x 133
Distribution – open Monday to Friday 9–5	(434) 969-1049
Place order: (800) 262-1008	fax: (434) 969-1463
info@iydbooks.com – www.iydbooks.com	
Fax – Satchidananda Ashram	(434) 969-1303
Fine Arts Society	1st (434) 969-3210 2nd (804) 262-6281
Friends of Buckingham – www.friendsofbuckinghamva.org	(434) 226-0282
P.O.Box 61, Buckingham, VA 23921	
friendsofbuckinghamcountyva@gmail.com	
www.facebook.com/ProtectBuckingham	
Group Services - groupservices@yogaville.org	x 147
Guest Services - guestservices@yogaville.org	x 140
Housekeeping	x 154
Integral Yoga Teachers Association (IYTA)	x 177
membership@iyta.org – www.iyta.org	
Kitchen	
Kitchen Manager (office in shed)	x 103
Kitchen Shed, Ordering & Inventory	x 125
Library	x 128
LOTUS Center for All Faiths (LCAF)	Director: x 110 Assistant: x 105
LOTUS Conference Center	(434) 969-1722
LOTUS Reception & Gift Shop	(434) 969-4052
LYT Program – lyts@yogaville.org	x 117
www.livingyogatraining.org	x 152
Yogaville Maintenance	x 156
getitdone108@yogaville.org	

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